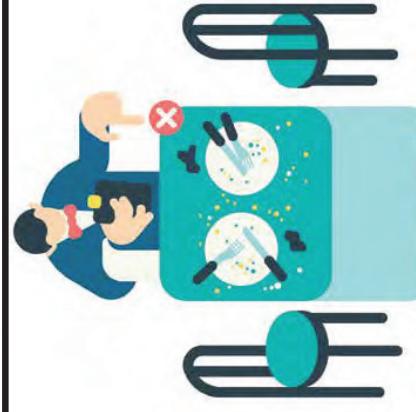


iHELP

Be efficient and tech savvy at the same time



Smarten Up on Mobile Apps

5 ways to get business done on the go
BY KATE ROCKWOOD

What it fixes: Whether it's having an additional bartender for the holiday rush, a cook to fill in when half the kitchen gets the flu or an army of servers to handle a temporary promotion, finding short-term staff sucks—especially on a moment's notice.

How it works: Shifting offers workers who have been vetted and background checked—for tonight, if need be—with just a few taps. Workers have covered more than 50,000 shifts since the app first launched.

What it costs: Free for workers. Restaurants pay a per-shift fee.

What it fixes: The free messaging app lets you divvy staff into separate phone lists for easy group messaging. Anyone can initiate a group or private message, so it's easy to encourage peer-to-peer shift swaps or send memos. Users have to shell out for testing charges or swap their private phone numbers with their co-workers.

What it costs: Free to download and use.

MINTSCRAPS

Reduces the problem of wasted food

VELOCITY

What it fixes: Food waste isn't just a drain on the planet; it's a drag on your bottom line. Nearly \$165 billion worth of food hits the dumpsters every year, according to the National Resources Defense Council. The Mintscraps app helps eateries track trash, recycling and composting, and reduce waste.

How it works: Tap the app every time you toss something in the trash and Mintscraps will discern real-time waste generation patterns to help streamline operations. You'll get a weekly report calculating the amount of money the kitchen is squandering along with customized suggestions for reducing it.

How it works: The GPS-driven app has a search function and shows nearby restaurants, along with their health scores and reports. For states that don't assign letter grades, what the Health's algorithm crunches the data and assigns one. Available for 10 states to date.

What it costs: Restaurants pay a subscription fee based on their size and the amount of waste tracked.

What it costs: Fees vary by operation. ■

WHAT THE HEALTH
Makes health inspection scores searchable

SHIFTIGIC
For finding the right staff—state talking with staff from after

What it fixes: You got a great score and want to brag about it.

Seasoned advice on the front and back of the house

DEAR FOOD FANATIC

Seasoned advice on the front and back of the house



Q Our restaurant has an additional dining room that sits empty all too often. Any ideas?

A **MONTHLY COOKING DEMOS ARE A GREAT WAY TO SALVAGE SLOWER NIGHTS AND SPREAD THE WORD ABOUT YOUR RESTAURANT.** Set aside 20 minutes to teach participants how to make an appetizer and entree that is easy to duplicate at home. Charge a reasonable set price to cover costs, and make sure to include a drink. Guests get a taste of your restaurant and your dining room, which they'll be more likely to remember for future private dining events.

Q It seems we are always doing more with less; we're running a skeleton crew, and time is always limited. It's hard to find inspiration under this pressure. Any ideas?

A It's easy to check the internet, but who has the bandwidth to sift through endless recipes? Carve out pockets of time to care of yourself. Cleaning your mind through a small walk before or after work can foster big ideas. Look to your staff and guests for inspiration by asking what gets them excited about food. If you live in a close knit community, consider hosting fellow chefs on a night you're closed for a roundtable discussion with food and drinks.

Q My employees are always taking smoke breaks. I know smoking is a way for them to deal with the daily stress of our busy restaurant, but how can I control the breaks and still keep the peace?

A Every restaurant faces this issue, and unfortunately there's no easy solution. Once tried to ban smoke breaks, but that did not go over well. The best you can do is limit breaks during off-peak times and required work is never neglected. Just make sure your staff never smokes in public view—it's unprofessional and bad for business.

Q My staff isn't pushing our new beverage program.

A Arm your staff with education is the best way to increase sales. Plan a staff training and tasting session

Got a question for the Food Fanatics?

Send your challenges, comments and suggestions to ask@FoodFanatics.com.

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FOOD FANATIC

Jamie Cochran is a Food Fanatic chef for US Foods from Hurricane, Virginia, who's always down for trying new restaurants.



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Follow the Food Fanatic on Twitter for more tips.

ILLUSTRATION BY MIGUEL MONTERO

Kate Rockwood writes for a variety of publications, such as Inc. and Fast Company.